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REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2026

FOR

THE GUILD OF HEALTH AND ST RAPHAEL LTD
(A COMPANY LIMITED BY GUARANTEE)

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THE GUILD OF HEALTH AND ST RAPHAEL LTD

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FOR THE YEAR ENDED 31 MARCH 2026

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THE GUILD PRAYER
FOR THE YEAR ENDED 31 MARCH 2026

Loving God,

through Christ you offer to creation

your gifts of healing, wholeness, and salvation.

Bless and strengthen us in answering your call

to cultivate these gifts within your Church.

Fill us with your grace,

so that each member of the Guild

may reveal the Good News of your love.

We make our prayer through Jesus Christ,

who lives and reigns with you in the life-giving Spirit,

ever one God,

now and forever.

Amen

From the Chairperson:

Let me start with a big 'thank you' for your interest in the work of the Guild of Health and St Raphael. Whether you have been a member of GoHealth for a long time, have recently joined us or are just checking out our work, welcome to this annual report!

I have said this every year that I have written an introduction like this, but I really do mean it and have to say it again; that it is an absolute pleasure to work with such a wonderful team - Gillian, Wendy, Sue, Theresa and Graham - and to work with the Board of Trustees. Victoria, Catherine, Nicky, Eleanor, Rod, Ken, David and Michael have given many years of service between them, many hours of service each year and have contributed wisdom, insight and creativity. Over this last year they have been joined by Alanna and Philip all of whom add wonderful and valuable experiences and skills to the board.

Jessica has joined us due to the coming together of the Acorn Christian Healing Foundation (of which she was Chair of Trustees) and the Guild of Health and St Raphael, after Acorn's trustees made the difficult decision to close the charity and to merge its mission, vision and assets with those of GoHealth. We grieve the loss of Acorn and also look forward to the new life that will emerge for its beautiful work of listening, prayer and healing in a new relationship with GoHealth.

Ken, David and Michael also need a special mention as the three of them reach the end of their terms of service as trustees at our AGM in November 2026 and will be retiring from the board. We owe them a debt of gratitude for their support, time, prayers, ideas and much more.

As I see and hear the work of GoHealth through joining with the online community gatherings, through stories shared with the board, meeting members or taking part in training, I am struck by how the work of healing is often gentle, slow and humble work. Sometimes healing is miraculous and swift of course, but often it's about giving people time, really listening to them and showing genuine care for them. This past year, I was struck by a paragraph in Stanley Hauerwas's book of meditations, the 'Cross-Shattered Christ', which keeps coming back to me and in which he says:

"Through the waters of baptism we have been made God's body for the world. We thirst for one another so that the world may know that the world has been redeemed and that this redemption is as real as the water we need to survive. That redemption is found in the body and blood of our Lord that forever slakes our thirst. So refreshed, we become for the world the reminder that God has not abandoned us, and we can, therefore, trust in his promise that just to the extent we take the time - in a world that believes it has no time - to care for those who thirst for God's kingdom, the kingdom will be present."

I leave that with you as a balm for your soul, a drink of water for your thirst and encouragement in your own healing ministry to take time for others. When you do so, the kingdom will be present.

Let me conclude, as I also do each year it seems, with another big 'thank you' to you and all the members, supporters, funders and prayer supporters of the Guild. We could not do it without you, and we love it that we share in this community and movement with you. Read on to find out more about what GoHealth has been up to over the last year and about what lies ahead!

Mr Steve Coles, Chair of the Trustees

REPORT OF CHAIRPERSON AND CEO
FOR THE YEAR ENDED 31 MARCH 2026

From the Chief Executive Officer:

I have been at GoHealth for ten years, and this year we are reporting a story of growth and momentum, with our future focus on how to support our success.

In 2025-6 we met demand through a holistic approach to health, a valuing of community and a deep and considered faith. This has been 'The GoHealth Way' for over 120 years. Our GoHealth community is deepening into a place where people genuinely experience connection and belonging: 93% of our community told us that they are flourishing more in their life because of our resourcing. Across our courses, partnerships, leadership work and public engagement, we are seeing an increasing engagement and appetite for an approach that brings Christian faith into serious conversation with health research, lived experience and the realities of contemporary life. New resources such as The Life In Fullness, Together Programme (LiFT) and The Spiritual Intelligence Course have opened new pathways into our work; organisations are increasingly approaching us for training, resources and partnership; and indeed, some have even trusted us and asked to merge. All this points towards a substantially larger and more influential next chapter.

This report is the next chapter in the story of The Guild of Health and St Raphael, and there is always the temptation to present an edited version of the path we have taken to get here. But I am not going to do that. Not just because it is dishonest, but the way we got here matters.

We got here through innumerable encounters when my team and I relentlessly put the aims of the charity up next to the need we were seeing in the world and wondered what God was calling us to do. We got here through building a community, one glorious beloved-of-God individual at a time, not through special offers, shiny clubs or guarantees of success. Rather the GoHealth community was built by creating a welcoming space that values honesty, safety, theological questioning and stories. We got here by wondering how our values of being compassionate, inspiring and empowering show up in online training, learning development, and gatherings. We got here by staying with what is difficult and trusting in God even though we sometimes didn't understand. We got here by regularly questioning how we work, and the systems we need to do this well. We got here with the help of our trustees, and a much wider group of people who support us and cheer us on. We got here by resting when we needed to, and not allowing a culture of fear, busyness or success to shape how we value what we do. We got here through the grace of God.

Our world is changing enormously and there are multiple threats brewing like storms on the horizon. The church too is in a difficult season. And there is no end to the healing that is needed.

Some are even suggesting that we are facing a collapse, whether that is environmental, political or even civilisational. One of the people that has helped me think about our work and organisation in these times is Margaret Wheatley. She writes about leadership when civilisation is shifting and systems are either unhealthy or collapsing. One of her strong ideas for those engaged in work like ours is the need to create 'islands of sanity', communities in which people deliberately protect what is human, life-giving and meaningful, even when the wider environment feels increasingly anxious or disordered. These are not places of retreat from the world, but places of possibility within it - communities where relationships matter, people are treated with dignity, good work can still be done, and generosity, creativity and hope are able to flourish. Wheatley describes an island of sanity as a healthy community committed to meaningful work, sustained by leaders who continue to trust in the fundamental capacities of people.

I increasingly wonder whether this is part of GoHealth's vocation for this next season: not to imagine that we can solve every crisis facing the church or society, but to help create and connect islands of sanity - people and places of belonging, healing and flourishing where we can rediscover what it means to be fully human, together and in God. I see glimpses of this in all of our gatherings and online spaces; glimpses this when clergy and lay leaders feel listened to and valued; glimpses it each time someone sends us a prayer request. I glimpse it in my team. I glimpse it in the feedback we get.

REPORT OF CHAIRPERSON AND CEO
FOR THE YEAR ENDED 31 MARCH 2026

I hope that you enjoy reading this report, not simply as a record of what has been achieved, but as an invitation into what might come next. I invite you to read it with curiosity and openness to what God might be saying through our work, and to consider how you might join us, support us and help shape this next chapter. In a world that urgently needs places of belonging, healing and hope, I believe GoHealth can continue to create and connect these islands of sanity: communities in which people are valued, faith is taken seriously, healing is possible and life can flourish. Together, we can offer something deeply needed: places where people can rediscover what it means to be fully human, together and in God, and experience the life in all its fullness that Jesus promised.

It continues to be difficult adequately to express my gratitude to Wendy, Graham and Theresa, the GoHealth team. I give thanks to God that I met you all, get to work with you in the mission of GoHealth, and for everything I have learnt from you. Thank you for sharing with us your gifts, enthusiasm, and discernment. And thank you for the laughs.

An enormous thank you to Steve Coles, the chair of trustees, for all your work, support and encouragement. Thanks also to the wider board and everything that you do with what has been entrusted to you. And finally, to Dr. Sue Martin, the company secretary for her work on the board - thank you for your work, support and for opening my eyes to the power of a policy.

To the greater glory of God.

Dr Gillian Straine
The Revd. Dr. Gillian Straine, CEO (Chief Executive Officer)

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2026. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Summary of the purposes of the charity as set out in its governing document.

The objects of The Guild of Health and St. Raphael Limited are:
" to bring together Christians including doctors, psychologists, other health professionals and ministers of religion, to work in fellowship for fuller health, both for the individual and the community.

" to enable members to study the interaction between physical, mental and spiritual factors in wellbeing through conferences, publications and other educational endeavours.

" to sustain and strengthen by prayer and sacrament people who are sick or suffering in anyway, and all those who minister to them.

" to help men and women to realise in themselves, as members of the Christian family, the abundant life offered by Christ and share this in the world.

In shaping our aims and objectives the trustees have considered the Charity Commission's guidance on public benefit. All our charitable activities focus on promoting the healing ministry of the Christian Church, through the objects outlined above, and are undertaken to further our charitable purposes for the public benefit. In this way, the trustees have complied with the duty to have regard to the guidance issued by the Commission under section 4(b) of Charities (Protection and Social Investment) Act 2016.

Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities and performance of projects or services identified in the accounts.

In furtherance of our charitable purposes and for the public benefit, during 2025-26 GoHealth continued to develop as a growing movement for health, healing and flourishing, equipping individuals, churches, leaders and organisations to understand and embody a more integrated approach to physical, mental, spiritual and communal wellbeing. Through courses, training, gatherings, resources, partnerships and our growing community, we sought not simply to provide activity, but to enable lasting change in the way people understand health, experience belonging and become a healing presence for others. Major developments included the launch of the LiFT Programme, integrating lifestyle medicine, Christian faith and flourishing, and the Spiritual Intelligence course, which generated interest from 113 churches, chaplaincies and other groups, with 59 groups running the course during the autumn. We continued to provide Everyday Healing, chaplaincy training and resources, online gatherings, podcasts, blogs, prayer and reflection, while expanding our work with church leaders, dioceses, chaplains and partner organisations, including the Church in Wales, Church of Scotland, Sheffield Diocese, the Scottish Episcopal Institute, the Retreat Association and others. Importantly, the evidence gathered during the year suggests that this work is contributing to the transformation we hope to see: 93% of respondents to our annual Time of Reflection reported that they were flourishing more because of GoHealth's resourcing, while members expressed a strong desire for deeper connection, with 72% wanting more online gatherings and 55% interested in an in-person retreat. Feedback also showed that people increasingly experience GoHealth not simply as a provider of resources but as a place of genuine belonging, encouragement and participation, reflecting our strategic movement from a traditional membership organisation towards a wider, participatory movement of healing and influence. This growing impact was also reflected in the increasing number of organisations approaching GoHealth for training, resources and partnership, and in the opportunity to explore welcoming the work and heritage of the Acorn Christian Healing Foundation into GoHealth. Taken together, these developments give the trustees growing evidence that GoHealth is helping to create the change at the heart of its mission: individuals growing in health and flourishing, communities becoming more healing and connected, and churches and leaders being equipped to contribute more confidently and creatively to the health of wider society. In shaping and reviewing this work, the trustees have continued to have regard to the Charity Commission's guidance on public benefit and are satisfied that these activities further the charity's purposes for the benefit of the public.

Recognising our need to adapt to meet the needs of an ever-changing society the focus of the charity's work in the future will be through further developing the Healthy Healing Hubs network, our online training resources including the Acorn listening course, the GoHealth community and our partnerships with denominations, dioceses, networks and organisations. A central development to support our growth and reach will be the development of our membership offer. This will support a smoother experience of membership, and an invitational offer to join in with our movement and purpose - to be healing presences in the world. We will also be undertaking significant fundraising, including working with trusts and developing a supporters' network.

OBJECTIVES AND ACTIVITIES

Objectives and aims

Summary of our vision, purpose and why we exist

We are an ecumenical, Christian charity with over 100 years' experience in holistic health and healing.

We exist to enable churches and individual Christians to be healing presences in the world - for the benefit of all. This is the mission Jesus has given us and what God empowers us to do.

Our purpose is to equip and inspire people to nurture health and healing in ourselves, our communities, and our world.

Our vision is to see and be flourishing communities made up of flourishing individuals.

At GoHealth, we believe that we are each on a unique health and wellbeing journey. We start where we are, as we are. Our wellbeing - individually and collectively - lies at the intersection of faith, science, evidence-based healthcare, and flourishing communities. This is holistic health, and our spiritual life is a core part of our humanity. Christian faith invites people to follow Jesus Christ - which includes an honest engagement with the experience of suffering and his command to heal.

For us, it is important to acknowledge that our individual health is inextricably linked with our community and wider world, so that we know that holistic health is enabled through just and flourishing communities. Sadly, individual and collective suffering are widespread, and the health of our planet is being undermined. Much of this is driven and exacerbated by social injustice, including health inequalities.

Modern medicine has theological foundations which grew out of practical healthcare offered by faith communities. We continue to celebrate science as a key tool to understand the world and ourselves, and we recognise its limitations. It is important to sense that health is complex and multifaceted, yet the siloed nature of many academic contexts limits the knowledge we foster and use to shape health practice and community life. Further, healthcare is not the sole jurisdiction of healthcare professionals. Everyone has a part to play in enabling health for themselves and others. At GoHealth we believe that with attention and training we can grow in our capacity to be healers.

Given the various global instabilities, faith-based organisations have a significant opportunity to work with local and national bodies in bringing positive impacts to their communities. But we face this situation with hope and energy, because history shows that when people of faith offer health and healing, lives are changed and the church grows.

GoHealth joins with others in the wider movement pursuing health and wellbeing for all and we are excited about the distinctive contribution we bring. We are not a community of the healed, but we are empowered by God to journey with our health challenges and the pain of the world, towards flourishing.

OBJECTIVES AND ACTIVITIES

An overview of the year 2025-2026

Over the past year, our focus on **Belonging as Healing** has shaped our work and helped us advance our mission across the church and wider society. In a world marked by fragmentation, loneliness and uncertainty, the invitation to rediscover our belonging to God, to one another and to creation has provided a powerful lens through which to explore health, healing and flourishing, and grow.

Throughout the year, we delivered a wide range of in-person and online training, developed new courses and resources, supported our gatherings, resourced the GoHealth Community, strengthened our networks and continued to speak into national conversations about health, healing and faith.

We have seen growth across engagement, membership, and our wider network. One of the most significant developments has been the increasing number of organisations approaching us to deliver training, purchase resources or explore partnership opportunities. This reflects the growing recognition that GoHealth has a distinctive contribution to make: bringing together Christian faith, health research, lived experience and community in ways that enable people and organisations to flourish.

Despite the challenging environment for membership organisations, marked by financial pressures, digital fatigue and wider social uncertainty, the GoHealth Community has continued to grow. More importantly, it has continued to deepen. Our online gatherings have become spaces of genuine connection and belonging, where people share experiences, encourage one another, and discover that they are part of something larger than themselves. Feedback throughout the year has been deeply moving, with many people describing GoHealth as a place where they feel at home. Our presence at Greenbelt reinforced this sense, with folk expressing that GoHealth had become "their place". This reflects an important transition: we are no longer simply an organisation with members, but we are becoming a community in the fullest sense.

A key strategic development this year has been our continued movement from being primarily a membership organisation towards becoming a wider movement of influence. This reflects broader learning about how membership bodies are evolving, from transactional models towards participatory communities where people contribute, collaborate, and shape the work together. We have seen this reflected in members asking to become more actively involved, share their expertise, and help shape the future direction of GoHealth.

New resources and opportunities

Two major new products were launched this year: **The LiFT Programme** and the **Spiritual Intelligence course**. Both were well received and demonstrated the appetite for resources that combine contemporary health understanding with Christian wisdom and spiritual practice.

The LiFT Programme represented a significant development in our work. Drawing on lifestyle medicine research and the six pillars of health, it provides a framework to support people in exploring wellbeing through the integrated lens of science, faith, and flourishing. More than 100 people engaged with the launch activity, and feedback has shown strong potential for further development, including adapting the programme for different audiences and contexts.

The Spiritual Intelligence course brought together scientific research, theology and practical reflection to help churches and groups explore spiritual intelligence, mission and pastoral care. There was significant interest from organisations, with 113 churches, chaplaincies and other groups registering interest and 59 groups running the course during the autumn. Feedback from participants has demonstrated the value of creating spaces where faith and science can meaningfully meet.

These developments have highlighted both the opportunity and the responsibility of investing in the professional development of our resources. They point towards the need for structured product development, clearer pathways into further engagement, and continued diversification of our offer.

OBJECTIVES AND ACTIVITIES
Listening and responding to our community

This year we invested intentionally in listening to our members and the wider community. Through our Time of Reflection and ongoing feedback processes, we sought to understand not only what people value about GoHealth, but how they want to participate in the future.

The responses affirmed three core strengths of our work:

" Christian healing and spiritual care.
" Personal encouragement, reflection, and support.
" High-quality teaching and theological formation.

Members also highlighted areas of growing interest, including:

" Retreats, both online and in person.
" Personal support through spiritual direction, coaching, and peer companionship.
" Local small groups for prayer, networking, and practice.
" Interactive, facilitated learning opportunities.
" Partnership-based offerings with theological colleges and spirituality centres.
" Curated resources, including research-informed articles and materials for worship and reflection.

These insights have directly shaped our strategic priorities and helped us understand the balance people are seeking: both depth of learning and meaningful connection.

The annual Time of Reflection showed encouraging results, with 93% of participants reporting that they were flourishing more because of GoHealth's resourcing. There was also a strong desire for increased opportunities to gather, with 72% wanting more online meet-ups, and 55% expressing interest in an in-person retreat.

Building communities and networks

The GoHealth Community continued to be central to our mission. Alongside weekly resourcing through blogs, prayers, reflections, podcasts and courses, we continued to develop opportunities for members to gather and connect.

The Festival of Healing with AGM provided a significant moment of celebration, learning and recommitment. Forty-nine people booked and 37 attended throughout the day, experiencing a taste of our resources including The LiFT Programme and Spiritual Intelligence course, as well as the sense of compassion and belonging that we seek to nurture.

We continued to develop the Healthy Healing Hub network, supporting existing coordinators and learning more about how local expressions of healing ministry can flourish. We also developed relationships with new networks, including Waterways Chaplains, The Retreat Association, The Leadership Academy, and Theos.

The Everyday Healing course continued to provide an important introduction to the GoHealth approach, welcoming individuals and church groups into a deeper understanding of healing presence.

Our chaplaincy work also continued to grow. We delivered training for workplace chaplains in the Church of Scotland, continued development of the Chaplaincy Course, and prepared the online self-led version as a CPD resource.

OBJECTIVES AND ACTIVITIES
Working with leaders and organisations

A significant area of growth this year has been our work with leaders and organisations. We have increasingly been invited to bring our expertise in health, healing, wellbeing, and faith into organisational settings.

This has included:

" Training days for church leaders and chaplains.
" Leadership development work with the Church in Wales.
" A wellbeing workshop for the Retreat Association.
" A Common Awards Master's level module through the Scottish Episcopal Institute.
" Advisory work with Theos theological think tank.
" Exploration of partnership opportunities with The Leadership Academy.

We have also seen continued growth in organisations purchasing our online courses. New and developing partnerships include:

" Church in Wales, purchasing places on Burn Like Stars.
" Sheffield Diocese, purchasing Being Trauma Informed and commissioning additional introductory materials.
" Chaplaincy Stafford, combining in-person training with resource purchasing.
" Further conversations with dioceses and organisations about future delivery.

Our talks, workshops and public events have continued to be an important gateway into this work. Large and diverse gatherings consistently increase awareness of GoHealth, lead to conversations with new partners, and create opportunities for sustainable income through training and resources.

Communications and growing influence

Our growth has been supported by our communications work, particularly through the contribution of Wendy Ball. Her work has enabled us to reach new audiences, communicate our values clearly, and show how GoHealth meets real needs.

She has also played an important role in supporting the team to collaborate effectively as a remote organisation, helping us to co-produce content, co-ordinate delivery, and remain aligned, despite only meeting physically twice a year.

We have continued to invest in our website, social media, podcasts, and wider communications. This included developing new website content around belonging, leadership support and our resources, improving podcast pages, and creating clearer pathways for people to engage.

Our public presence has continued to grow. This included:

" Speaking engagements and workshops.
" Podcast appearances.
" Media engagement, including BBC Radio 4 coverage following our conversation with the Bishop of London.
" Continued social media activity across Facebook, Instagram and LinkedIn.
" A significant presence at Greenbelt, where we connected with new audiences and strengthened our profile.

OBJECTIVES AND ACTIVITIES
A significant opportunity: Acorn Christian Healing Foundation

One of the most significant developments of the year was the emergence of the opportunity to welcome the work of the Acorn Christian Healing Foundation into GoHealth.

This opportunity emerged from a recognition of shared values, shared history and a common commitment to Christian healing, prayer, formation and community. For both parties, the work was not simply about organisational change and a new host for a course, but the process itself was shaped by our values and our ways of working in the world. This meant that we prioritised compassion and positive relationships to bring together the wisdom and experience of two organisations, shaping what the future might look like.

During the year we entered into careful conversations with Acorn trustees and stakeholders, exploring how their heritage and resources might strengthen the wider movement of Christian healing. This has involved listening, prayerful discernment, and detailed practical considerations.

The opportunity aligns strongly with our strategic direction: building communities, strengthening networks and ensuring that the gifts of Christian healing continue to serve individuals, churches and wider society.

Investing in our own health and sustainability

As we continue to grow, we have also invested in the health and sustainability of GoHealth itself.
This has included:

" Strengthening our team's systems and processes.
" Developing improved project planning and delivery systems.
" Continuing monthly team meetings to align activity, identify challenges, and support one another.
" Investing in team connection and wellbeing.
" Continuing governance improvements and trustee support.
" Developing clearer systems for collaboration and remote working.

The LiFT launch was a particular example of the team working together effectively. It was our most complex project to date, requiring significant collaboration across the whole team. While challenging, it demonstrated the strength of our shared values, our ability to co-create, and our commitment to delivering high-quality resources with compassion.

Throughout the year, we have sought to remain attentive not only to what we do, but how we do it. This ensures that the way we work reflects the healing, belonging, and flourishing that we seek to encourage in others.

OBJECTIVES AND ACTIVITIES

Our people, structures and ways of working

ENABLERS, CUSTODIANS AND COORDINATORS OF THE WORK

We have a range of roles that contribute to the development and delivery of our work. Everyone who is part of the Guild of Health and St Raphael supports our purpose, vision and values, and seeks to be in service to the ministry of healing. We seek to collaborate in ways that bring our values and working principles to life. We ask everyone who is part of the Guild to commit to being proactive in how they invest in their own health and wellbeing journey and the health of the organisation overall.

Our key roles are outlined below:

Members	Our work is only possible because of our members - The GoHealth Community. Our members help advance our purpose within their own communities, help shape our work and contribute financially. We are legally set up as a membership organisation, giving members the right to vote at our AGM.
Healthy Healing Hub (HHH) roles	HHH coordinators support their Hub's engagement in training and healing practices. They are responsible for ensuring excellent communication links between their community and the Guild. All HHH coordinators are automatically also members of our GoHealth Community (in an individual capacity).HHH church leaders: The Guild connects with each hub's leadership via the HHH Coordinators. HHH church leaders are strongly encouraged to join the GoHealth Community in an individual capacity - for the peer support and wider resourcing this can provide, especially as their role can leave some leaders feeling isolated and overextended
Volunteers (in development)	We train and support volunteers to lead training courses and promote the work of the Guild in their local community.

OBJECTIVES AND ACTIVITIES

Expert friends	We work with experts in producing high quality training, articles, and materials. This includes specialists in public health, lifestyle medicine, psychotherapy, movement makers, trauma, and music.Our advisory group, which invites in specialist voices, helps us engage with and further develop the academic and theological thinking that underpins our work.We have a Clinical Advisor who is a practising medical professional, who supports the team in relation to medical expertise.	**Clinical Advisor for the Team: Dr Richard Pile, Clinical Advisor to the Board: Dr Mike Platt**
Patrons	We are honoured to have three patrons	**The Archbishop of Canterbury,The Archbishop of York,The President of the Methodist Conference**
President	The Board appoints a president for a three-year term to promote the Guild at national level. This person lends their endorsement to our work, helps the team where possible with events and resources, and helps get us seen and heard.	
Board	Trustees have been recruited for their interest in our work combined with a professional skill (medical and allied health professionals) or their interest and experience in the healing ministry or associated work. We also recruit trustees with expertise in governance, finance and charity law. They are nominated and elected at the Annual General Meeting. We have a diverse board, including in terms of age, experience, denomination, skills and experience. Specific board roles and groups currently include:ChairTreasurerFinance sub-committee	**Mr Steve Coles (Chairperson),Ms Nicola Burr,Dr David McDonald,Dr Catherine Nelson,Dr Michael Platt,Dr Victoria Showunmi,Revd Canon Dr Eleanor Williams,Revd Rod Clark,Mr Ken Herbert,Revd Philip Evans,Revd Alanna Harris**

OBJECTIVES AND ACTIVITIES

Team	Our work is coordinated and delivered by a small, dispersed and dedicated staff team. To maintain a nimble team structure and make best use of limited resources, we also use a range of consultants and agencies to augment our capacity in particular functions including our communications and marketing. Current staff roles are:CEOOur delivery team (includes the CEO)Resource Development PartnerOnline Learning PartnerOur support team (includes the CEO)Executive Assistant to the teamCompany Secretary	**CEO: The Revd Dr Gillian Straine,Training Partner: Graham Fender Allison,Resource Partner: Wendy Lloyd,Executive Admin to the team: Theresa McDowall,Company Secretary: Dr Sue Martin**

Public benefit

In shaping our aims and objectives the Trustees have considered the Charity Commission's guidance on public benefit. All our charitable activities focus on promoting the healing ministry of the Christian Church, through the objects outlined above, and are undertaken to further our charitable purposes for the public benefit. In this way, the trustees have complied with the duty to have regard to the guidance issued by the Commission under section 4(b)of Charities (Protection and Social Investment) Act 2016.

Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities and performance of projects or services identified in the accounts.

Recognising our need to adapt to meet the needs of an ever-changing society the focus of the charity's work in the future will be through the Healthy Healing Hubs network, the GoHealth community and our work in training.

FINANCIAL REVIEW

Financial position

Review of the charity's financial position at the end of March 2026

The Guild of Health & St Raphael has continued to fund its activities through a combination of revenue income (including membership payments, charges for courses and other content, and grant payments), investment income, fundraising and planned withdrawal from investments. Overall income has fallen from £76,232 to £66,021, a decrease of 13%. Whilst membership based income and training-based income has remained steady there continued to be a steep fall in investment income of around 23%, reflecting both challenging market conditions and a diminishing investment base as reserves are applied to current work in line with the agreed trustees strategy.

The developmental activities of the Guild have been sustained and supported by the use of reserves to fund the development of key projects and resources including Healthy Healing Hubs, the Go Health Community, Courses, Podcasts and online material. This was in line with the trustees agreed strategy set out in the Investment and Reserves Policy. By this policy a deficit budget approach has been implemented.

The activities funded from these sources have generated costs of £162,966, an increase from £160,781 the previous year, an increase of around 1.5%.

Given the trustees' strategy, the financial position remains, in the short to medium term, satisfactory but unsustainable in the long run. Current strategies focused on membership growth, realistic charging for consultancy and services and fundraising are essential to the ongoing flourishing of the charity.

As at 31st March 2026 the net assets of the charity stand at £343,893, a reduction from the previous year of around 20% there remain sufficient funds to support the ongoing strategy for a further period. Trustees are fully aware of the implications of a declining asset base and reducing levels of reserves, and will review and revisit the strategy to establish a clear route towards a balanced budget through income maximization and careful cost management.

The Guild is guided by the Church of England in terms of the management of its investment portfolio which is ethically framed. The principal risks facing the charity are ongoing volatility in the financial markets, failures to access significant grant or programme/project funding, and slower than anticipated growth in membership commitments and content-based income.

Revd. Rod Clark
Treasurer

Reserves policy

The planned application of reserves has enabled the Guild to maintain and develop its charitable activities, strengthen its programme infrastructure and extend the resources available to churches and communities. Trustees recognise that this period of strategic investment must be accompanied by a sustained programme of income development and expenditure management to secure long-term financial sustainability.

The charity's reserves policy is to hold a minimum of 9 months of planned expenditure as long term reserves to ensure continued autonomy, financial security and to provide for contingencies. At current level of costs this equates to £120,000, with net assets currently standing at £343,893.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Operating model, structure and governance

A DISPERSED TEAM OF MOVEMENT BUILDERS

We are a small team actively helping to build the health and wellbeing movement in ways that integrate the distinctiveness and gifts of a Christian perspective of healing. This is why we are proactive in adopting a multiplier mindset to our work and practice - finding ways to make it easy for people to join in and contribute to this endeavour. Our dispersed nature supports this intention: it is not an accident or the result of a pragmatic decision to work from home. Rather, through our GoHealth Community and Healthy Healing Hub network we are able to reach people where we are, who in turn can serve those with whom they interact wherever they live and work and have their being. Operating in a dispersed manner reflects our central belief that each person is a healer, and that we exist to help all people flourish, promote the healing ministry, and support this central church mission.

GROWING AS A COMMUNITY

Whenever we gather and in all we do, we seek to support and foster community. We work alongside both individuals and churches, and partner with other organisations where our collaboration can have mutual benefit. In the way we operate, we seek to draw in and nurture a community of practice, fostering links of support, rooted in relationship and learning.

A CHARITY AND COMPANY TO SUPPORT THE WORK

We have two legal structures that exist to support and enable the work:

- a company limited by guarantee which does not have share capital; it is a membership organisation and is governed by our Articles of Association (Company no. 487460)
- a registered charity (Charity no. 211016).

These entities serve the overall purpose of the Guild. Our trustees serve on the boards of both the company and the charity.

Members of the GoHealth Community are automatically also members of the company, with voting rights at the AGM. In shaping our aims and objectives, the trustees take into account the Charity Commission's guidance on public benefit. All our charitable activities focus on promoting the healing ministry of the Christian Church through the objects and are undertaken to further our charitable purposes for the public benefit.

Registered Office: Brookes Stephens, Chartered Accountants, New Media House, Davidson Rd, Lichfield STAFFS WS14 9DZ

Banking: The Co-Operative Bank
PO Box 250
Skelmersdale
WN8 6WT

STRUCTURE, GOVERNANCE AND MANAGEMENT

SHAPING AND MAKING DECISIONS

All trustees and staff commit to serving the purpose of the Guild and to working in ways that demonstrate our values and working principles. Our decisions (relating to both strategic direction and operations) are rooted in this foundation.

Our strategic direction is set by the Board with the input and shaping of the CEO and wider team. The financial interests of the Guild are monitored by the Treasurer and Finance Committee, but all financial decisions are made and ratified at board level. Operational matters are devolved to staff team members under the management of the CEO and controlled by Standing Financial Instructions. These include deciding and delivering the activities they discern can best serve the strategic direction and overall purposes of the Guild.

At our Annual General Meeting, members ratify the appointment of trustees and any changes to our Articles of Association. Trustees have been recruited for their professional skills (medical and allied health professionals) or their interest and experience in the healing ministry or associated work. They are nominated and elected at the AGM and are required annually to declare any interests and benefits.

ACCOUNTABILITY AND SUPPORT

Our trustees are accountable to UK legislation relating to company and charity governance, acting as guardians of the Guild's assets. This includes a responsibility to serve the purposes of the Guild, and to strive towards best practice. We also expect all our trustees to uphold the Nolan Principles. Our Trustee Handbook outlines the role and responsibilities of trustees in more detail and is required reading for every trustee. Our Company Secretary works to build best practice in our organisational governance and supports Trustees so that they can ensure our compliance with statutory requirements.

The trustees are aware that they are responsible for ensuring that any risks arising from the Guild's activities are mitigated as far as possible, adequately insured where necessary, and that all expenditure is properly authorised and the payment thereof subject to internal checks.

The CEO is supported and line-managed by the Chair of Trustees. The CEO currently supports and line manages all members of the staff team. The staff team proactively nurtures a supportive space that prioritises people's health and wellbeing. Staff are encouraged to be self-directive in their learning and development. Our appraisal system is designed for personal growth. Our staff Wellbeing Policy outlines and highlights the importance of living out the health and wellbeing we promote in the Guild, including time for retreats and training. It also references a range of wider support (including mentoring, supervision, and counselling opportunities) that can be explored (with line management support) if needed.

Our Healthy Healing Hubs operate as independent but linked entities which can use our Healthy Healing Hub 'badge'. They benefit from the support and input of our team, ongoing training and resourcing, and can explore peer support with people involved in other Healthy Healing Hubs. The Guild is not responsible for the actions or behaviours of anyone involved in Healthy Healing Hubs. Each organisation is responsible for its own governance, including in relation to safeguarding. Our membership tiers (Bronze, Silver and Gold) require churches to have completed identified training courses and to be implementing key models/practices. We collaborate closely with 'Beacon Hubs' to deliver training and share good practice within our wider network. Our AGM is a key event for all members, and particularly leaders and co-ordinators of Healthy Healing Hubs, to connect and build relationships of support across the network.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Individuals who are part of the GoHealth Community are encouraged to take up opportunities we provide for peer support, resourcing and wider engagement. To support members in their journey, we offer a monthly bundle of resources and an invitation to gather together. Members are also encouraged to join our private Facebook group and participate in the Everyday Healing course so they can learn more about our approach and form trusting relationships with others who are part of the community. We invite all members to commit annually to the vision of the Guild and their part in being a healing presence in the world.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
00487460 (England and Wales)

Registered Charity number
211016

Registered office
New Media House
Davidson Road
Lichfield
Staffordshire
WS14 9DZ

Trustees
Mrs N C Burr
Revd R Clark
Mr S J Coles
Mr K Herbert (resigned 28.8.2026)
Dr D E Mcdonald
Dr C A Nelson
Dr M W Platt
Dr V Showunmi
The Revd Canon Dr E J Williams
Revd P Evans (appointed 6.11.2025)
Revd A Harris (appointed 16.11.2025)

Company Secretary
Dr S Martin

Independent Examiner
Brookes Stephens
New Media House
Davidson Road
Lichfield
Staffordshire
WS14 9DZ

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of The Guild Of Health And St Raphael Ltd for the purposes of company law) are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued

Company law requires the trustees to prepare financial statements for each financial year. Under that law, the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).

Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on ..... and signed on its behalf by:

.....
Mr S J Coles - Trustee

Independent examiner's report to the trustees of The Guild Of Health And St Raphael Ltd ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2026.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Leon Stephens FCA

Brookes Stephens
New Media House
Davidson Road
Lichfield
Staffordshire
WS14 9DZ

Date: .....

THE GUILD OF HEALTH AND ST RAPHAEL LTD

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2026

	Notes	Unrestricted fund £	Restricted fund £	2026 Total funds £	2025 Total funds £
Income and endowments from					
Donations and legacies		2,535	-	2,535	296
Charitable activities					
General		45,122	-	45,122	48,932
Other trading activities	2	2,447	-	2,447	6,391
Investment income	3	15,917	-	15,917	20,613
Total		66,021	-	66,021	76,232
Expenditure on					
Raising funds	4	9,635	-	9,635	10,262
Charitable activities					
General		145,840	3,539	149,379	148,367
Other		3,952	-	3,952	2,152
Total		159,427	3,539	162,966	160,781
Net gains/(losses) on investments		5,288	-	5,288	(1,027)
NET INCOME/(EXPENDITURE)		(88,118)	(3,539)	(91,657)	(85,576)
Reconciliation of funds					
Total funds brought forward		427,590	7,960	435,550	521,126
Total funds carried forward		339,472	4,421	343,893	435,550

The notes form part of these financial statements

BALANCE SHEET
31 MARCH 2026

	Notes	Unrestricted fund £	Restricted fund £	2026 Total funds £	2025 Total funds £
Fixed assets					
Tangible assets	10	1,071	-	1,071	714
Investments	11	318,850	-	318,850	403,562
		319,921	-	319,921	404,276
Current assets					
Debtors	12	3,395	-	3,395	3,737
Cash at bank		27,877	4,421	32,298	36,965
		31,272	4,421	35,693	40,702
Creditors					
Amounts falling due within one year	13	(11,721)	-	(11,721)	(9,428)
Net current assets		19,551	4,421	23,972	31,274
Total assets less current liabilities		339,472	4,421	343,893	435,550
NET ASSETS		339,472	4,421	343,893	435,550
Funds	14				
Unrestricted funds				339,472	427,590
Restricted funds				4,421	7,960
Total funds				343,893	435,550

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2026.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2026 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

continued...

BALANCE SHEET - continued
31 MARCH 2026

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on ..... and were signed on its behalf by:

.....
Mr S J Coles - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 33.33% on cost

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

continued...

2. OTHER TRADING ACTIVITIES

	2026	2025
	£	£
Fundraising events	1,727	5,379
Shop income	720	1,012
	2,447	6,391

3. INVESTMENT INCOME

	2026	2025
	£	£
Other fixed asset invest - FII	15,917	20,613

4. RAISING FUNDS

Raising donations and legacies

	2026	2025
	£	£
Support costs	928	771

5. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2026	2025
	£	£
Depreciation - owned assets	714	357

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2026 nor for the year ended 31 March 2025.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2026 nor for the year ended 31 March 2025.

continued...

7. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2026	2025
Staff	5	5

No employees received emoluments in excess of £60,000.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
Income and endowments from			
Donations and legacies	296	-	296
Charitable activities			
General	44,372	4,560	48,932
Other trading activities	6,391	-	6,391
Investment income	20,613	-	20,613
Total	71,672	4,560	76,232
Expenditure on			
Raising funds	10,262	-	10,262
Charitable activities			
General	146,137	2,230	148,367
Other	2,152	-	2,152
Total	158,551	2,230	160,781
Net gains/(losses) on investments	(1,027)	-	(1,027)
NET INCOME/(EXPENDITURE)	(87,906)	2,330	(85,576)
Reconciliation of funds			
Total funds brought forward	515,496	5,630	521,126
Total funds carried forward	427,590	7,960	435,550

continued...

9. INDEPENDENT EXAMINER'S REMUNERATION

The charity paid a total of £1,840 (2025 £1,432) in the year to the independent examiner's for the independent examination of the accounts.

10. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 April 2025	1,071
Additions	1,071
At 31 March 2026	2,142
DEPRECIATION	
At 1 April 2025	357
Charge for year	714
At 31 March 2026	1,071
NET BOOK VALUE	
At 31 March 2026	1,071
At 31 March 2025	714

11. FIXED ASSET INVESTMENTS

	Listed investments £
MARKET VALUE	
At 1 April 2025	403,562
Disposals	(90,000)
Revaluations	5,288
At 31 March 2026	318,850
NET BOOK VALUE	
At 31 March 2026	318,850
At 31 March 2025	403,562

There were no investment assets outside the UK.

continued...

11. FIXED ASSET INVESTMENTS - continued

Cost or valuation at 31 March 2026 is represented by:

	Listed investments
	£
Valuation in 2025	403,562
Valuation in 2026	(84,712)
	318,850

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2026	2025
	£	£
Trade debtors	961	3,139
Prepayments and accrued income	2,434	598
	3,395	3,737

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2026	2025
	£	£
Trade creditors	10,319	3,410
Accruals and deferred income	1,402	1,312
Deferred income	-	4,706
	11,721	9,428

Deferred income at 31 March 2025 comprised £4,706 in respect of grant income relating to the period to 30 November 2025. This amount was released during the year ended 31 March 2026.

14. MOVEMENT IN FUNDS

	At 1.4.25	Net movement in funds	At 31.3.26
	£	£	£
Unrestricted funds			
General fund	427,590	(88,118)	339,472
Restricted funds			
Restricted	7,960	(3,539)	4,421
TOTAL FUNDS	435,550	(91,657)	343,893

continued...

14. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
Unrestricted funds				
General fund	66,021	(159,427)	5,288	(88,118)
Restricted funds				
Restricted	-	(3,539)	-	(3,539)
TOTAL FUNDS	66,021	(162,966)	5,288	(91,657)

Comparatives for movement in funds

	At 1.4.24 £	Net movement in funds £	At 31.3.25 £
Unrestricted fund	515,496	(87,906)	427,590
Restricted fund			
Restricted	5,630	2,330	7,960
TOTAL FUNDS	521,126	(85,576)	435,550

Comparative net movement in funds included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
Unrestricted fund	71,672	(158,551)	(1,027)	(87,906)
Restricted fund				
Restricted	4,560	(2,230)	-	2,330
TOTAL FUNDS	76,232	(160,781)	(1,027)	(85,576)

continued...

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.24	Net movement in funds	At 31.3.26
	£	£	£
Unrestricted fund	515,496	(176,024)	339,472
Restricted fund			
Restricted	5,630	(1,209)	4,421
TOTAL FUNDS	521,126	(177,233)	343,893

Net movement in funds included in the above are as follows:

	Incoming resources	Resources expended	Gains and losses	Movement in funds
	£	£	£	£
Unrestricted fund	137,693	(317,978)	4,261	(176,024)
Restricted fund				
Restricted	4,560	(5,769)	-	(1,209)
TOTAL FUNDS	142,253	(323,747)	4,261	(177,233)

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2026.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2026

	2026 £	2025 £
Income and endowments		
Donations and legacies		
Donations	2,535	296
Other trading activities		
Fundraising events	1,727	5,379
Shop income	720	1,012
	2,447	6,391
Investment income		
Other fixed asset invest - FII	15,917	20,613
Charitable activities		
Membership	22,479	17,528
Training	6,700	8,760
Other	8,560	8,785
Articulate	2,677	4,005
Grants	4,706	9,854
	45,122	48,932
Total incoming resources	66,021	76,232
Expenditure		
Other trading activities		
Marketing & Website Developments	-	615
Admin	987	794
Consultancy	4,185	5,580
Advertising	2,135	2,205
Marketing Events	1,400	297
	8,707	9,491
Charitable activities		
Wages	102,830	98,704
Social security	1,224	2,983
Pensions	2,182	2,021
Website hosting	7,048	4,710
Consultancy	7,800	9,030
Events & Presentation	1,185	3,978
Carried forward	122,269	121,426

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2026

	2026 £	2025 £
Charitable activities		
Brought forward	122,269	121,426
Other	6,429	8,393
Newsletter, journal & online	7,367	8,555
	136,065	138,374
Other		
Governance	3,952	2,152
Support costs		
Management		
Computer equipment	714	357
Finance		
Insurance	735	130
Telephone	1,408	2,123
Bank charges	1,232	891
Bookkeeping & support	3,309	2,863
Payroll & HR support	1,907	1,676
Professional fees & subs	3,097	1,292
Independent Examiners fee	1,840	1,432
	13,528	10,407
Total resources expended	162,966	160,781
Net expenditure before gains and losses	(96,945)	(84,549)
Realised recognised gains and losses		
Realised gains/(losses) on fixed asset investments	5,288	(1,027)
Net expenditure	(91,657)	(85,576)

This page does not form part of the statutory financial statements